

Ocha Summer Program Schedule 2026

(Exploring and Creating Fulfilling and Healthy Human Life in Modern Society)

→Subject Based Course " Lecture"

→Project Work

→Program Event :Opening & Closing Ceremonies (Required)

→Exchange event hosted by Ochanomizu students (The details will be informed at the end of June.)

<For Ochanomizu University Students/お茶の水女子大学の学生へ>

◎印のイベントは任意で参加可能です

Project Workを履修している学生は、Special Lecture(7/24)は授業の一環で実施されるので、参加必須です

Subject Based Courseのみ履修している学生も、Special Lecture(7/24)に参加可能です。

Mon	Tue	Wed	Thu	Fri	Sat	Sun
6-Jul	7-Jul	8-Jul	9-Jul	10-Jul	11-Jul	12-Jul
6:30pm-8:00pm(JST) Project Work (Zoom) Orientation				6:30pm-8:00pm(JST) Project Work (Zoom) Individual Presentation		

Mon	Tue	Wed	Thu	Fri	Sat	Sun
13-Jul	14-Jul	15-Jul	16-Jul	17-Jul	18-Jul	19-Jul
6:30pm-8:00pm(JST) Project Work (Zoom) Special Lecture 1: Issues in the World			6:30pm-8:00pm(JST) Project Work (Zoom) Lecture 1: Social Issues in Japan			

Mon	Tue	Wed	Thu	Fri	Sat	Sun
20-Jul	21-Jul	22-Jul	23-Jul	24-Jul	25-Jul	26-Jul
Airport Arrival - Student Meet & Greet (no escort to the accommodation)	3:30pm-4:15pm Reception / Scholarship Procedures 4:20pm-4:50pm Opening Ceremony 5:00pm-6:00pm Campus Tour (Venue:Plaza2F 201-A・B・C) ----- 6:10pm-6:40pm Course Orientation/ Prof. Mebuki Sunagawa (Plaza2F 201 B・C) ----- 7:00pm ◎Welcome Party (Venue:Student Cafeteria)	9:30am-12:40pm Prof. Kaoruko Iida "Let's Talk About Lifestyle and Health: Understanding NCDs" (Plaza3F Seminar Room)	AM: No Class 1:40pm-3:10pm Prof. Shohei NISHIZAKA General Education : Japanese Culture 1 "KYOGEN" Meeting Place:Student Cafeteria (The Junior High School gym)	11:10am-12:40pm Prof. Ikuyo Ichi "The Science of Nutrition and Health" (Plaza3F Seminar Room) 1:40pm-3:10pm Special Lecture 2 by Prof. Mariko Iijima (Sophia University) (Venue: Plaza2F 201-A・B・C) 5:00pm-8:00pm Project Work Midterm Presentation (Plaza2F 201-A・B・C)	9:30am-12:40pm Prof. Julien TRIPETTE "Date-Driven Approaches to Physical Activity Promotion in Modern Societies" (Plaza3F Seminar Room) Student exchange event (option) -Club activity (1:00pm-3:30pm)	No Class

Mon	Tue	Wed	Thu	Fri	Sat	Sun
27-Jul	28-Jul	29-Jul	30-Jul	31-Jul	1-Aug	2-Aug
11:10am-12:40pm Prof. Yoko Sato "Japanese-style menu planning" (Plaza3F Seminar Room)	9:30am-12:40pm Prof. Nathanael Aubert-Kato "Machine Learning for Healthcare and wellbeing" (Plaza3F Seminar Room) 1:40pm-3:10pm Prof. Shohei NISHIZAKA General Education : Japanese Culture 2 "KODO(Incense)" (Plaza2F 201-A・B・C)	AM: No Class Filed trip ----- Prof. Mebuki SUNAGAWA 1:30pm: "EDO-TOKYO MUSEUM"	9:30am-12:40pm Prof. Mebuki Sunagawa "Psychological Well-being and Sociocultural Factors" (Plaza3F Seminar Room) <For Scholarship recipient> 12:45pm~ Jasso Scholarship Reflection Activity Venue: Plaza 3F	AM: No Class 1:40pm-3:10pm Japanese Culture Event with Ochanomizu University Junior High School (option)	Student exchange event (option) -One day trip -Club activity (1:00pm-3:30pm)	No Class
5:00pm-6:30pm Project Work Workshop: Special Lectures' Reflection (Plaza2F 201-A・B・C)				5:00pm-6:30pm Project Work Workshop: Global Leadership (Plaza2F 201-A・B・C)		

Mon	Tue	Wed	Thu	Fri	Sat	Sun
3-Aug	4-Aug	5-Aug	6-Aug	7-Aug	8-Aug	9-Aug
AM: No Class	AM: No Class	*9:00am-12:10pm Project Work Presentation Final Presentation (Plaza2F 201-A・B・C)				
5:00pm-6:30pm Project Work Preparation for Final Presentation (Plaza2F 201-A・B・C)	*1:20pm-4:30pm Project Work Final Presentation (Plaza2F 201-A・B・C)	12:00-12:40pm Questionary (Plaza) 1:00pm-2:30pm ◎Closing Ceremony & Certificate Presentation (Venue: Auditorium) 2:30pm-5:00pm ◎Farewell Party (Venue: Student Cafeteria)				

*Subject to be changed